



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

LAP POOL SCHEDULE

ANN ARBOR YMCA – SPRING 2012

Valid February 27 – June 17

Updated 4/26/2012

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Multiple activities are often scheduled in this pool at the same time.	5:30-7:30 Circle Swim (all lanes)	5:30-7:30 Circle Swim (all lanes)	5:30-7:30 Circle Swim (all lanes)	5:30-7:30 Circle Swim (all lanes)	5:30-7:30 Circle Swim (all lanes)	7:00-9:00 Circle Swim (all lanes)	7:00-10:00 Open Lap Swim (all lanes)
Open Swim Policy To swim without a parent or guardian 16 years and older, children must be 6 years of age or older AND be able to pass the deep water test in the lap pool.	7:30-9:15 Open Swim (all lanes)	7:30-9:00 Open Swim (all lanes)	7:30-9:15 Open Swim (all lanes)	7:30-9:00 Open Swim (all lanes)	7:30-9:15 Open Swim (all lanes)	9:00-12:15 Swim Lessons (4 lanes) Circle Swim (2 lanes)	10:00-2:00 Circle Swim (4 lanes) Open Swim (2 lanes)
Deep Water Test Swim 1 lap (50 yards), and tread water for 30 seconds. The swim must be a competitive stroke and in good form. <i>Doggie paddling does not count.</i> Swim tests are at the lifeguards discretion, if for any reason the lifeguard feels you are unsafe, you may be asked to re-take the test. Anybody of ANY AGE can be asked to take the swim test for the safety of all patrons.	9:15-10:30 Aqua Aerobics (4 lanes) Circle Swim (2 lanes)	9:00-10:00 Aqua Fit (4 lanes) Circle Swim (2 lanes)	9:15-10:30 Aqua Aerobics (4 lanes) Circle Swim (2 lanes)	9:00-10:00 Aqua Fit (4 lanes) Circle Swim (2 lanes)	9:15-10:30 Aqua Aerobics (4 lanes) Circle Swim (2 lanes)	12:15-7:00 Open Swim (all lanes)	2:00-7:00 Open Swim (all lanes)
Free Swim Testing Tues, Wed and Thurs between 5:30-6pm. The testing will take less than 5 minutes. No appointment necessary. If your child is under the age of 6 or is a non-swimmer, please come prepared to enter the water during this assessment to assist your child if needed.	10:30-4:45 Open Swim (all lanes)	10:00-4:15 Open Swim (all lanes)	10:30-4:45 Open Swim (all lanes)	10:00-4:15 Open Swim (all lanes)	10:30-1:30 Open Swim (all lanes)		
	4:45-5:45 Swim Lessons (4 lanes) Circle Swim (2 lanes)	4:15-5:45 Swim Lessons (4 lanes) Circle Swim (2 lanes)	4:45-5:45 Swim Lessons (4 lanes) Circle Swim (2 lanes)	4:15-5:45 Swim Lessons (4 lanes) Circle Swim (2 lanes)	1:30-4:15 Swim Lessons (2 lanes) Circle Swim (4 lanes)		
	5:45-6:45 Swim Lessons (4 Lanes) Barracudas (1 Lanes) Circle Swim (1 Lane)	5:45-6:45 Barracudas (3 lanes) Circle Swim (3 lanes)	5:45-6:45 Swim Lessons (4 Lanes) Barracudas (1 Lanes) Circle Swim (1 Lane)	5:45-6:45 Barracudas (3 lanes) Circle Swim (3 lanes)	4:15-6:45 Swim Lessons (4 lanes) Circle Swim (2 lanes)		
	6:45-8:15 Barracudas (3 lanes) Circle Swim (3 lanes)	6:45-8:15 Barracudas (3 lanes) Circle Swim (3 lanes)	6:45-8:15 Barracudas (3 lanes) Circle Swim (3 lanes)	6:45-8:15 Barracudas (3 lanes) Circle Swim (3 lanes)	6:45-8:15 Barracudas (3 lanes) Circle Swim (3 lanes)		
	8:15-10:00 Open Swim (all lanes)	8:15-10:00 Open Swim (all lanes)	8:15-10:00 Open Swim (all lanes)	8:15-10:00 Open Swim (all lanes)	8:15-10:00 Open Swim (all lanes)		
Please take a soap shower before entering the pool.							

Ann Arbor YMCA

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FOR YOUTH DEVELOPMENT®
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FAMILY POOL SCHEDULE

ANN ARBOR YMCA – SPRING 2012

Valid February 27 – June 17

Updated 4/26/2012

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Multiple activities are often scheduled in this pool at the same time.	6:30-9:15 Open Swim	6:30-9:00 Open Swim	6:30-4:15 Open Swim	6:30-9:00 Open Swim	6:30-10:30 Open Swim	7:00-8:30 Open Swim	7-7:00 Open Swim
Open Swim Policy To swim without a parent or guardian 16 years and older, children must be 6 years of age or older AND be able to pass the deep water test in the lap pool.	9:15-10:30 Swim Lessons (deep end) Open Swim (shallow end)	9:00-10:00 AOA (deep end) Open Swim (shallow end)	4:15-6:45 Swim Lessons (deep end) Open Swim (shallow end)	9:00-10:00 AOA (deep end) Open Swim (shallow end)	9:00-10:00 AOA (deep end) Open Swim (shallow end)	8:30-12:15 Swim Lessons	
Deep Water Test Swim 1 lap (50 yards), and tread water for 30 seconds. The swim must be a competitive stroke and in good form. <i>Doggie paddling does not count.</i> Swim tests are at the lifeguards discretion, if for any reason the lifeguard feels you are unsafe, you may be asked to re-take the test. Anybody of ANY AGE can be asked to take the swim test for the safety of all patrons.	10:30-11:30 Arthritis Exercise (deep end) Open Swim (shallow end)	10:00-11:00 Child Care (deep end) Open Swim (shallow end)	6:45-8:30 Open Swim	10:00-11:00 Child Care (deep end) Open Swim (shallow end)	10:30-11:30 Arthritis Exercise (deep end) Open Swim (shallow end)	12:15-7:00 Open Swim	
Free Swim Testing Tues, Wed and Thurs between 5:30-6pm. The testing will take less then 5 minutes. No appointment necessary. If your child is under the age of 6 or is a non-swimmer, please come prepared to enter the water during this assessment to assist your child if needed. Please take a soap shower before entering the pool.	11:30-4:45 Open Swim	11:00-11:30 Swim Lessons (deep end) Open Swim (shallow end)	8:30-10 Adult Swim (children under the age of 16 must be accompanied by an adult)	11:00-11:30 Swim Lessons (deep end) Open Swim (shallow end)	11:30-12:30 Open Swim		
	4:45-6:45 Swim Lessons (deep end) Open Swim (shallow end)	11:30-4:15 Open Swim		11:30-4:15 Open Swim	12:30-1:30 LiveSTRONG (deep end) Open Swim (shallow end)		
	6:45-8:30 Open Swim	4:15-6:45 Swim Lessons (deep end) Open Swim (shallow end)		4:15-6:45 Swim Lessons (deep end) Open Swim (shallow end)	1:30-4:30 Swim Lessons (deep end) Open Swim (shallow end)		
	8:30-10 Adult Swim (children under the age of 16 must be accompanied by an adult)	6:45-8:30 Open Swim		6:45-8:30 Open Swim	4:30-5:30 SAAC/TASP (deep end) Open Swim (shallow end)		
		8:30-10 Adult Swim (children under the age of 16 must be accompanied by an adult)		8:30-10 Adult Swim (children under the age of 16 must be accompanied by an adult)	5:30-10:00 Open Swim		



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